

Course description

Intervention for child and adolescent mental disorders

Aim of the course

Aim of the course:

The course provides an overview into the evidence based interventions of child and adolescent mental disorders

Learning outcome, competences

knowledge:

Students gain an overview into the evidence based interventions (medication and psychotherapy) of child and adolescent mental disorders

attitude:

- Respect of patients and caregivers
- Professional humility
- Considering ethical standards and patient's rights
- Relies on evidence-based practice
-

skills:

- The student will be able to view childhood mental disorders in a complex bio-psycho-social model
- to collect and evaluate evidences related to different intervention methods
- to indicate the appropriate intervention
- understands the basic mechanisms of action of each therapeutic modality.

Content of the course

Contents of the course

-
- Protocols
- Common questions of psychotherapies
 - Classification of psychotherapies
 - Process of psychotherapy
 - Systemic psychotherapy
 - Combination of methods
 - Common agents of psychotherapy
 - Efficacy of psychotherapy
 - Quality assurance in psychotherapies
 - Ethical and legal issues in psychotherapies
 - Training for psychotherapies
- Age-specific features and developmental approaches in the treatment of children and adolescents
- Methods of psychotherapy
 - Behavior therapy
 - Cognitive behaviour therapy
 - Third wave of CBT

- Family therapy
 - Client-centred and experiential therapies
 - Interpersonal psychotherapy
 - Dynamic psychotherapy
 - Integrative psychotherapy
- Evidence-based protocols for the most prevalent mental disorders in children and adolescents
 - Psychopharmacology
 - Indication of pharmacological treatment
 - The „Off label” concept
 - Effect of pharmacies
 - Side-effects of pharmacies
 - Classification according to agent
 - Classification according to diagnosis

Learning activities, learning methods

- Lecture
- Projects
- Literature review, presentation
- Casework

Evaluation of outcomes

Learning requirements, mode of evaluation, criteria of evaluation:

- Written exam
- Oral exam
- Presentation

Mode of evaluation:: exam (5-grade).....

Criteria of evaluation:

- Detailed knowledge about intervention methods in children and adolescent mental disorders

Reading list

Compulsory reading list

- Correll, C. U., Kratochvil C. J., & March J. S. (2011). Developments in pediatric psychopharmacology: focus on stimulants, antidepressants, and antipsychotics. *Journal of Clinical Psychiatry*, 72(5), 655-670.
- Molina, B. S., Hinshaw, S. P., Swanson, J. M., Arnold, L. E., Vitiello, B., Jensen, P. S., ... & Elliott, G. R. (2009). The MTA at 8 years: prospective follow-up of children treated for combined-type ADHD in a multisite study. *Journal of the American Academy of Child & Adolescent Psychiatry*, 48(5), 484-500.
- Safer, D. J. (2011). Age-grouped differences in adverse drug events from psychotropic medication. *Journal of Child and Adolescent Psychopharmacology* 21(4), 299-30.
- Masi, G., & Liboni, F. (2011). Management of schizophrenia in children and adolescents: focus on pharmacotherapy. *Drugs*. 22,71(2), 179-208.
- Frick, P.J. et al (2010): *Clinical Assessment of Child and Adolescent Personality and Behavior*. Springer Science and Business Media, LLC.

- Remschmidt, H (2010): Psychotherapy with children and adolescents. Cambridge University Press.